

Understanding treatment with LYNPARZA

LYNPARZA is a targeted maintenance therapy for appropriate patients with metastatic pancreatic cancer and an inherited *BRCA* mutation

WHAT IS LYNPARZA?

LYNPARZA is a prescription medicine used to treat adults who have pancreatic cancer (adenocarcinoma) that has spread to other parts of the body and has a certain type of abnormal inherited (germline) *BRCA* gene. LYNPARZA is used as a maintenance treatment after your cancer has not progressed on at least 16 weeks of your first treatment with platinum-based chemotherapy.

Your healthcare provider will perform a test to make sure that LYNPARZA is right for you.

It is not known if LYNPARZA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about LYNPARZA?

LYNPARZA may cause serious side effects, including:

Bone marrow problems called Myelodysplastic Syndrome (MDS) or Acute Myeloid Leukemia (AML). Some people who have received previous treatment with chemotherapy, radiotherapy, or certain other medicines for their cancer have developed MDS or AML during treatment with LYNPARZA. MDS or AML may lead to death.

Symptoms of low blood cell counts are common during treatment with LYNPARZA, but can be a sign of serious bone marrow problems, including MDS or AML. Symptoms may include weakness, weight loss, fever, frequent infections, blood in urine or stool, shortness of breath, feeling very tired, bruising or bleeding more easily.

Your healthcare provider will do blood tests to check your blood cell counts:

- before treatment with LYNPARZA
- every month during treatment with LYNPARZA
- weekly if you have low blood cell counts that last a long time

Serious side effects continue on page 2.

These are not all the side effects. Please see Important Safety Information throughout and read the complete [Prescribing Information](#), including [Medication Guide](#).



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Table of contents

Introducing you to LYNPARZA	3
How does LYNPARZA work?	4
Clinical trial results	5
Serious side effects	6
How to take LYNPARZA	8
Common side effects	10
Why is genetic testing important?	11
Patient support	12
MyLYNPARZA support program	13
Information for caregivers	14
Helpful terms and phrases	15

These are not all the side effects. Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

Welcome

This brochure will help you understand what LYNPARZA is, how it works, and what to expect during treatment.

It is designed to help with conversations you have with your doctor, care team, family, and friends.

IMPORTANT SAFETY INFORMATION – continued

LYNPARZA may cause serious side effects, including (continued):

Lung problems (pneumonitis). LYNPARZA can cause serious lung problems that can lead to death. Tell your healthcare provider if you have any new or worsening symptoms of lung problems, including shortness of breath, fever, cough, or wheezing. Your healthcare provider may do a chest x-ray if you have any of these symptoms.

Blood clots (venous thromboembolism [VTE]). Some people may develop a blood clot in a deep vein, usually in the leg (venous thrombosis) or a clot in the lungs (pulmonary embolism [PE]), which may be severe or lead to death. Tell your healthcare provider right away if you have any symptoms such as pain or swelling in an extremity, shortness of breath, chest pain, breathing that is more rapid than normal (tachypnea), or heart beats faster than normal (tachycardia). Your healthcare provider will monitor you for these symptoms and may prescribe blood thinner medicine.

Liver problems, including Drug-Induced Liver Injury (DILI): People taking LYNPARZA may develop liver problems which may be severe and can lead to death. Your healthcare provider should do blood tests before and during your treatment with LYNPARZA. Tell your healthcare provider right away if you notice discomfort on the right side of your stomach-area (abdominal), dark or "tea-colored" urine, or yellowing of your skin or the whites of your eyes (jaundice).

Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with LYNPARZA if you get certain side effects.

Introducing you to LYNPARZA— a maintenance therapy approved for a certain type of metastatic pancreatic cancer

What is maintenance therapy?

Maintenance therapy may help keep your cancer from growing or spreading if your cancer has not progressed after chemotherapy.

Who is it for?

Taking LYNPARZA this way may be for you:

- ✓ If your pancreatic cancer is metastatic, which means it has spread to other parts of the body
- ✓ If your cancer has not progressed on at least 16 weeks of your first treatment with platinum-based chemotherapy
- ✓ If you have an inherited *BRCA* mutation

Your healthcare provider will perform a test to make sure that LYNPARZA is right for you.

For more information on *BRCA* mutations and testing, see **page 11**.



BRCA-**BR**east **CA**ncer gene.

BRCA mutation means a change in the *BRCA1* or *BRCA2* gene.

IMPORTANT SAFETY INFORMATION – continued

Before taking LYNPARZA, tell your healthcare provider about all of your medical conditions, including if you:

- have lung or breathing problems
- have kidney problems
- are pregnant, become pregnant, or plan to become pregnant. LYNPARZA can harm your unborn baby and may cause loss of pregnancy (miscarriage)

Females who are able to become pregnant:

- your healthcare provider may do a pregnancy test before you start treatment with LYNPARZA

Continues on the next page.

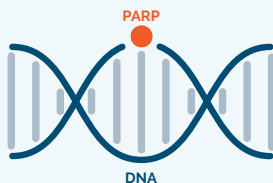
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How does LYNPARZA work?

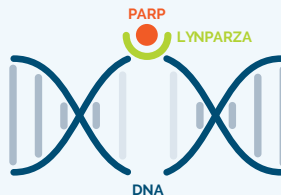
LYNPARZA is a targeted treatment known as a PARP (poly [ADP-ribose] polymerase) inhibitor.

PARP helps cells, including cancer cells, survive and grow



PARP is a protein that repairs DNA damage in cells so they can survive. In cancer cells, you want to stop this repair so they can't survive.

LYNPARZA may help block the activity of PARP



LYNPARZA helps to kill cancer cells by preventing PARP from repairing their DNA. PARP is also found in healthy cells so LYNPARZA may affect them, too.

IMPORTANT SAFETY INFORMATION – continued

Before taking LYNPARZA, tell your healthcare provider about all of your medical conditions, including if you (continued):

Females who are able to become pregnant (continued):

- you should use effective birth control (contraception) during treatment with LYNPARZA and for 6 months after the last dose of LYNPARZA. Talk to your healthcare provider about birth control methods that may be right for you
- tell your healthcare provider right away if you become pregnant or think you might be pregnant following treatment with LYNPARZA

Continues on the next page.

Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

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Clinical trial results

LYNPARZA was studied in 154 patients with metastatic pancreatic cancer with an inherited *BRCA* mutation whose disease did not progress on at least 16 weeks of first-line platinum-based chemotherapy. In this study, 92 patients took LYNPARZA 300 mg twice daily and 62 took placebo twice daily.

LYNPARZA may give you more time without your cancer getting worse.

47%
↓

LYNPARZA lowered the risk of cancer progressing or death by 47% compared with placebo.

32 out of 92 adults with an inherited *BRCA* mutation did not have disease progression or death with LYNPARZA compared with 18 out of 62 adults with placebo.

LYNPARZA nearly doubled the median* time without cancer progressing or death compared to placebo

MEDIAN TIME ON LYNPARZA

7.4 MONTHS

MEDIAN TIME ON PLACEBO

3.8 MONTHS

This study also looked at whether LYNPARZA lowered the risk of death, regardless of whether or not the cancer progressed. LYNPARZA was not shown to lower the risk of death compared with placebo.

*Median: the middle number in a group of numbers arranged from the lowest to highest.

IMPORTANT SAFETY INFORMATION – continued

Before taking LYNPARZA, tell your healthcare provider about all of your medical conditions, including if you (continued):

Males with female partners who are pregnant or able to become pregnant:

- you should use effective birth control (contraception) during treatment with LYNPARZA and for 3 months after the last dose of LYNPARZA
- do not donate sperm during treatment with LYNPARZA and for 3 months after your last dose

Continues on page 11.

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Serious side effects

It's normal to be concerned about side effects. Talk to your healthcare provider immediately if you experience any of these symptoms while taking LYNPARZA.

LYNPARZA may cause serious side effects, including:

Bone marrow problems called Myelodysplastic Syndrome (MDS) or Acute Myeloid Leukemia (AML). Some people who have received previous treatment with chemotherapy, radiotherapy, or certain other medicines for their cancer have developed MDS or AML during treatment with LYNPARZA. MDS or AML may lead to death.

Symptoms of low blood cell counts are common during treatment with LYNPARZA, but can be a sign of serious bone marrow problems, including MDS or AML. Symptoms may include:

- Weakness
- Frequent infections
- Feeling very tired
- Weight loss
- Blood in urine or stool
- Bruising or bleeding more easily
- Fever
- Shortness of breath

 **Your healthcare provider will do blood tests to check your blood cell counts:**

- Before treatment with LYNPARZA
- Weekly if you have low blood cell counts that last a long time
- Every month during treatment with LYNPARZA

Serious side effects continue on the next page.

These are not all the side effects. Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

Serious side effects (continued)

Lung problems (pneumonitis)

LYNPARZA can cause serious lung problems that can lead to death. Tell your healthcare provider if you have any new or worsening symptoms of lung problems, including shortness of breath, fever, cough, or wheezing. Your healthcare provider may do a chest x-ray if you have any of these symptoms.

Blood clots (venous thromboembolism [VTE])

Some people may develop a blood clot in a deep vein, usually in the leg (venous thrombosis) or a clot in the lungs (pulmonary embolism [PE]), which may be severe or lead to death. Tell your healthcare provider right away if you have any symptoms such as pain or swelling in an extremity, shortness of breath, chest pain, breathing that is more rapid than normal (tachypnea), or heart beats faster than normal (tachycardia). Your healthcare provider will monitor you for these symptoms and may prescribe blood thinner medicine.

Liver problems, including Drug-Induced Liver Injury (DILI)

People taking LYNPARZA may develop liver problems which may be severe and can lead to death. Your healthcare provider should do blood tests before and during your treatment with LYNPARZA. Tell your healthcare provider right away if you notice discomfort on the right side of your stomach-area (abdominal), dark or "tea-colored" urine, or yellowing of your skin or the whites of your eyes (jaundice).

Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with LYNPARZA if you get certain side effects.

These are not all of the possible side effects of LYNPARZA. Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.



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How to take LYNPARZA

LYNPARZA can fit into your daily routine. You can take it with you wherever you go. It's 2 tablets (150 mg each), taken by mouth in the morning and in the evening, with or without food. It's a total of 4 tablets each day (600 mg daily dose).



**2 TABLETS
IN THE MORNING**
(300 mg)



**2 TABLETS
IN THE EVENING**
(300 mg)

Take doses 12 hours apart, with or without food. Your doctor will determine how long you receive LYNPARZA as maintenance therapy.

Images do not represent the actual size of the tablets.

How to take LYNPARZA continues on the next page.

Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

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How to take LYNPARZA (continued)

- **Take LYNPARZA tablets** exactly as your healthcare provider tells you
- Your healthcare provider will decide how long you stay on treatment
- **Do not change your dose or stop taking LYNPARZA** unless your healthcare provider tells you to
- Take LYNPARZA by mouth **2 times a day with or without food**
- Each dose should be taken about **12 hours apart**
- **Swallow LYNPARZA tablets whole.** Do not chew, crush, dissolve, or divide the tablets
- If you miss a dose of LYNPARZA, take your next dose at your usual scheduled time. **Do not take an extra dose** to make up for a missed dose
- If you take too much LYNPARZA, call your healthcare provider or go to the nearest hospital emergency room right away

What should I avoid while taking LYNPARZA?

Avoid grapefruit, grapefruit juice, Seville oranges, and Seville orange juice during treatment with LYNPARZA since they may increase the level of LYNPARZA in your blood.

Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

Common side effects

Nausea or vomiting is common during treatment with LYNPARZA. Tell your healthcare provider if you get nausea or vomiting. Your healthcare provider may prescribe medicines to treat these symptoms.

The most common side effects of LYNPARZA when used alone are:

- tiredness or weakness
- low red blood cell counts
- diarrhea
- loss of appetite
- headache
- changes in the way food tastes
- cough
- low white blood cell counts
- shortness of breath
- dizziness
- indigestion or heartburn
- low platelet counts

These are not all the possible side effects of LYNPARZA. Call your healthcare provider for medical advice about side effects. You may [report side effects related to AstraZeneca products](#).

Working with your doctor while taking LYNPARZA



Ask your doctor what to expect

Talk to your doctor about what to expect when taking LYNPARZA. It may help to have a better idea of what you might experience as you start treatment with LYNPARZA.



Write notes about how you're feeling

Sharing this information with your doctor can help them decide on ways to help manage side effects you may be experiencing.



Keep an open dialogue with your doctor

Keep your doctor informed of how you feel, if you're going on a trip, or any other important changes that are happening in your life. You should always talk to your doctor about side effects you experience and how to manage them.

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Why is genetic testing important?

Genetic testing can help your healthcare team understand your cancer and which treatments may be right for you. It can also tell you if certain genetic mutations, such as *BRCA* mutations, may be passed down through your family. *BRCA* mutations can be inherited or acquired. LYNPARZA for metastatic pancreatic cancer is only for people with inherited *BRCA* mutations.



Inherited, also called germline

- Present from birth, and passed down from a parent
- Found in every cell in the body, including tumor cells
- Testing can be done using a blood sample

To determine whether LYNPARZA is right for you, your doctor will perform a genetic test to see if you have an **inherited *BRCA* mutation**.

IMPORTANT SAFETY INFORMATION – continued

Before taking LYNPARZA, tell your healthcare provider about all of your medical conditions, including if you (continued):

- are breastfeeding or plan to breastfeed. It is not known if LYNPARZA passes into your breast milk. Do not breastfeed during treatment with LYNPARZA and for 1 month after receiving the last dose of LYNPARZA. Talk to your healthcare provider about the best way to feed your baby during this time

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Patient support from AstraZeneca

While taking LYNPARZA, you have access to programs from AstraZeneca that are part of our commitment to patient support.

PATIENTS MAY PAY
AS LITTLE AS



PER MONTH

AstraZeneca strives to make LYNPARZA affordable by aiming to provide a \$0 co-pay for all eligible patients

Eligible patients with commercial insurance may pay as little as \$0 per month for LYNPARZA. There are no income requirements to participate in the program, however other restrictions may apply. For more information and eligibility requirements, visit [AZPatientSupport.com](https://www.AZPatientSupport.com)



Consider resources for financial support

Helping you access the care you need

The AstraZeneca Access 360™ program* can help you get started with LYNPARZA. To learn more about the Access 360 program, please call

1-844-ASK-A360 (1-844-275-2360),

Monday through Friday, 8 AM–6 PM ET or visit

www.MyAccess360.com

This description of the Access 360 program is for informational purposes only. Access 360 does not file claims or appeals on behalf of healthcare professionals or patients and makes no representation or guarantee concerning reimbursement or coverage for any service or item.

*Terms and conditions apply. See site for full eligibility and terms of use.



Caring for your loved one—and yourself

Looking after your loved one on LYNPARZA takes time and a lot of energy. Find a resource for caregivers at [LYNPARZA.com](https://www.LYNPARZA.com)

IMPORTANT SAFETY INFORMATION – continued

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking LYNPARZA and certain other medicines may affect how LYNPARZA works and may cause side effects.

How should I take LYNPARZA?

- Take LYNPARZA tablets exactly as your healthcare provider tells you
- Your healthcare provider will decide how long you stay on treatment
- Do not change your dose or stop taking LYNPARZA unless your healthcare provider tells you to
- Take LYNPARZA by mouth 2 times a day with or without food

Continues on the next page.

Please see Important Safety Information throughout and read the complete Prescribing Information, including Medication Guide.

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MyLYNPARZA is with you on your journey

MyLYNPARZA is a support program from AstraZeneca for you during treatment with LYNPARZA. Both you and your caregiver can sign up.



SUPPORT

Receive emails for adults with your specific type of cancer. You'll learn tips on taking care of yourself, ways to help manage side effects, and more.



EDUCATION

You and your caregiver can receive educational materials including tips for caregivers, how you and your doctor can manage side effects, and how to take LYNPARZA.



RESOURCES

Sign up online to receive items such as a treatment journal to write down your thoughts and questions for your doctor.

MyLYNPARZA
SUPPORT PROGRAM

AstraZeneca 

IF YOU HAVEN'T ALREADY JOINED MyLYNPARZA, YOU CAN SIGN UP AT [MyLYNPARZA.COM](https://www.mylpnarza.com)

IMPORTANT SAFETY INFORMATION – continued

How should I take LYNPARZA? (continued)

- Each dose should be taken about 12 hours apart
- Swallow LYNPARZA tablets whole. Do not chew, crush, dissolve, or divide the tablets
- If you miss a dose of LYNPARZA, take your next dose at your usual scheduled time. Do not take an extra dose to make up for a missed dose
- If you take too much LYNPARZA, call your healthcare provider or go to the nearest hospital emergency room right away

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Information for caregivers

There are many things you can do to make sure you have the knowledge and information you need to be the best possible caregiver:

Learn about LYNPARZA

Being a knowledgeable care partner can help you be more prepared to participate in discussions with the doctor and help your loved one make an informed treatment decision. To find our educational materials, visit [LYNPARZA.com](https://lynparza.com)

Don't be afraid to ask for help

Although you are doing the best you can, you can't do everything. Lean on others where you can and don't be afraid to ask for help.

For more advice on caring for someone on LYNPARZA, download our [caregiver guide](#).

IMPORTANT SAFETY INFORMATION – continued

What should I avoid while taking LYNPARZA?

Avoid grapefruit, grapefruit juice, Seville oranges, and Seville orange juice during treatment with LYNPARZA since they may increase the level of LYNPARZA in your blood.

LYNPARZA may cause serious side effects (see “What is the most important information I should know about LYNPARZA?”).

Nausea or vomiting is common during treatment with LYNPARZA. Tell your healthcare provider if you get nausea or vomiting. Your healthcare provider may prescribe medicines to treat these symptoms.

Common side effects continue on the next page.

These are not all the side effects. Please see Important Safety Information throughout and read the complete [Prescribing Information](#), including [Medication Guide](#).

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Helpful terms and phrases

Biopsy

Samples of tissue are taken and sent for genetic testing. A pathologist, the person testing these samples, will assess them under a microscope.

BRCA mutation

A change or alteration found in either the *BRCA1* or *BRCA2* gene. A *BRCA* mutation can be inherited (germline), which means it was passed down from a parent.

Chemotherapy

A treatment option your doctor may recommend to help kill cancer cells in your body. Platinum-based chemotherapy contains the metal platinum.

Disease progression

The growth or spread of cancer in the body.

Genetic testing

Is used to look for inherited mutations, including inherited *BRCA* mutations. It can help you and your doctor better understand your cancer and how it responds to different therapies.

Inherited mutation

A gene change that is incorporated into the DNA of every cell and passed on from parents to children. This is also known as a germline mutation.

IMPORTANT SAFETY INFORMATION – continued

The most common side effects of LYNPARZA when used alone are:

- tiredness or weakness
- low red blood cell counts
- diarrhea
- loss of appetite
- headache
- changes in the way food tastes
- cough
- low white blood cell counts
- shortness of breath
- dizziness
- indigestion or heartburn
- low platelet counts

These are not all the possible side effects of LYNPARZA. Call your healthcare provider for medical advice about side effects. You may [report side effects related to AstraZeneca products](#) .

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Helpful terms and phrases (continued)

Maintenance therapy

A treatment used after you have responded to initial therapy. It can help keep cancer from growing or spreading. LYNPARZA is used as maintenance therapy for certain patients with metastatic pancreatic cancer.

Median

The middle number in a list of numbers arranged from lowest to highest. For instance, if you wrote down the numbers 1 through 9, the median would be the number in the middle, which is 5.

Metastatic pancreatic cancer

Means the cancer began in the pancreas and has spread to other parts of the body. The process in which cancer cells spread to other parts of the body is called metastasis.

PARP (also called poly [ADP-ribose] polymerase)

A protein that is involved in many functions in the cell, including repairing DNA damage.

PARP inhibitor (PARPi)

LYNPARZA is a PARP inhibitor. It helps kill cancer cells by preventing PARP from repairing their DNA. A PARP inhibitor may also affect healthy cells.

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Talk to your doctor about LYNPARZA

LYNPARZA is:

- ✓ A targeted treatment called a PARP inhibitor
- ✓ An oral medication, not an infusion
- ✓ Not chemotherapy

If you have metastatic pancreatic cancer, ask your doctor about genetic testing for an inherited *BRCA* mutation and eligibility for LYNPARZA.

SELECT SAFETY INFORMATION

LYNPARZA has serious risks that may lead to death. These include bone marrow problems called myelodysplastic syndrome (MDS) or acute myeloid leukemia (AML), lung problems (pneumonitis), blood clots (venous thromboembolism [VTE]) and liver problems, including drug-induced liver injury (DILI). Signs or symptoms of MDS/AML may include weakness, weight loss, fever, frequent infections, blood in urine or stool, shortness of breath, feeling very tired, or bruising or bleeding more easily. Signs or symptoms of pneumonitis may include new or worsening lung problems, including shortness of breath, fever, cough or wheezing. Signs or symptoms of VTE may include pain or swelling in an extremity, shortness of breath, chest pain, breathing that is more rapid than normal, or heart beats faster than normal. Signs or symptoms of DILI may include discomfort on the right side of the stomach-area, dark or "tea-colored" urine, or yellowing of the skin or whites of the eyes. Tell your doctor right away if you have any of these signs or symptoms.

This is a summary of some of the most important information you should know about LYNPARZA. For more information about these and other side effects, as well as other information about treatment with LYNPARZA, please see Important Safety Information throughout and see complete Prescribing Information, including Medication Guide.



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